## ABSTRACT

This specification discloses an exposure mask, a method of designing and 5 manufacturing an exposure mask, an exposure method and apparatus, a pattern forming method, and a device manufacturing method. Specifically, the exposure mask is adapted to expose an image forming layer provided on a substrate, by use of 10 near field light leaking from adjoining openings formed in a light blocking member, wherein the light blocking film has an opening interval that is determined so that an electric field distribution at the image forming layer side of 15 the opening to be defined as exposure light is projected on the light blocking member has a correlation with an eccentric model of electric field distribution as determined by a linewidth and a height of a pattern to be produced.